

## RECIPES FOR SAFER ALTERNATIVES TO HAZARDOUS HOUSEHOLD PRODUCTS

### **Glass and Window Cleaners**

Mix 1 teaspoon cornstarch, ¼ cup white vinegar, and ½ gallon warm water in a spray bottle. Apply to surface and dry with a soft cloth.

### **Scouring Powder for Tubs and Tiles**

Wipe bathtubs with vinegar on a sponge and then sprinkle on baking powder. Rub with a damp sponge and rinse.

### ***Other Alternative Cleaning Products***

#### ***Kitchen***

Vinegar and water in a pump bottle is a good substitute for ammonia glass cleaner.

Baking powder can be used as a scouring powder.

#### ***Bathroom***

Salt is an effective, nonscratching abrasive cleaner.

Citrus fruits, like lemons and oranges, are natural cleaners. They can even kill bacteria.

Borax mixed with hot water (½ gallon Borax, 1 gallon of water) is a powerful antibacterial cleaner.

A weekly dose of boiling water down a drain will help prevent clogs.

#### ***Laundry***

Club soda can remove a variety of different stains.

Washing soda and Borax can be used in place of detergent.

Baking soda is a powerful stain remover.

#### ***Garden***

Kill weeds by pulling them by hand.

Spiders and ladybugs feed on pests that might damage your garden.

**Other Stuff**

Vinegar and lemon oil are all-natural furniture polishes.

One part lemon juice and two parts vegetable or olive oil makes a good all-purpose polish.

*Adapted from “De-Tox Your Home: a Guide to Household Hazardous Products and Their Alternatives.” Published by the Chesapeake Bay Foundation.*